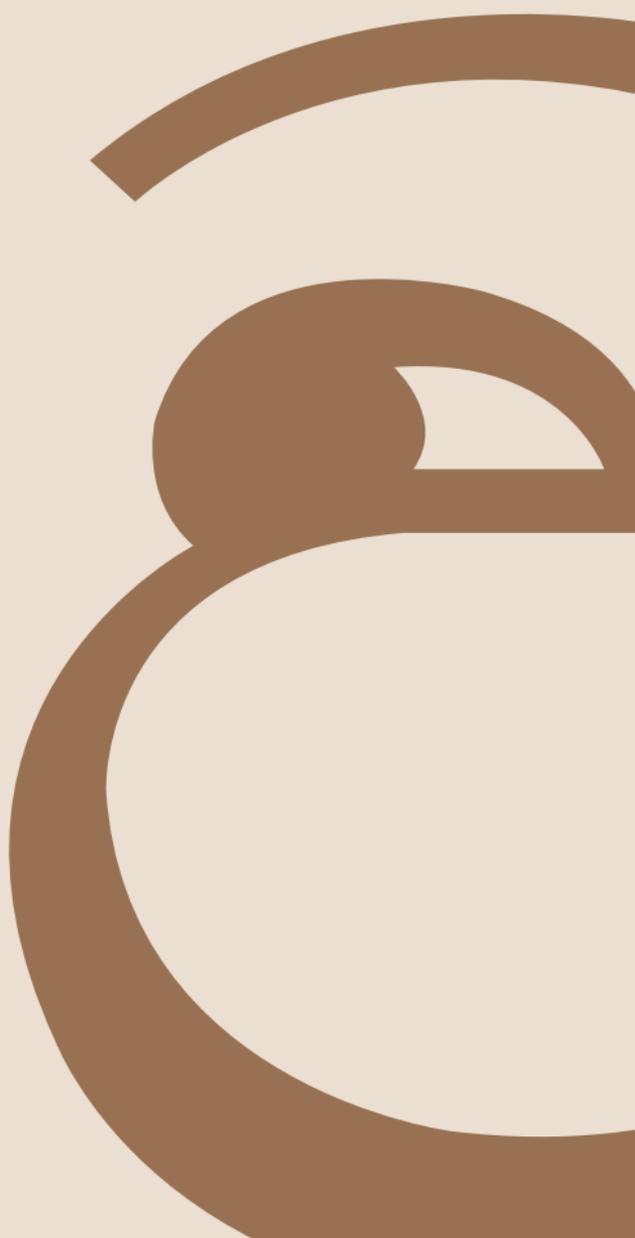




WALLAWWA  
COLOMBO

Z SPA





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## MASSAGES

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### Z SIGNATURE

60 OR 90 MINUTES

USD 50 / 60

Blending a number of traditional massage techniques, the Z Signature is a full body oil massage. Using Ophir's Black Tea Patchouli, and Black Pepper massage and body oil, this gentle massage uses long strokes leaving the body feeling revitalized and restored.

### ASIAN DEEP TISSUE

60 OR 90 MINUTES

USD 50 / 60

Our 'South Asian' full body treatment, blends Ayurvedic, Thai, Balinese and Hilot practices. It cleverly combines the use of dry pressure point therapy with some stretching and deep tissue techniques applied with oil, bringing a sense of deep relaxation to the entire body.

### SHIATSU

60 OR 90 MINUTES

USD 50 / 60

Shiatsu is an acupuncture oil free therapy, originating from Japan. The therapist applies pressure, to specific energy lines and points on the body, reducing physical and mental fatigue while leaving the mind clear and the body renewed.

### BACK, NECK & SHOULDERS

45 MINUTES

USD 40

Shiatsu is an acupuncture oil free therapy, originating from Japan. The therapist applies pressure, to specific energy lines and points on the body, reducing physical and mental fatigue while leaving the mind clear and the body renewed.



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## MASSAGES

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### FOOT

45 MINUTES

USD 40

This soothing massage applies pressure to precise points on the feet to enhance wellbeing and stimulate the body's own healing abilities.

### HEAD

30 MINUTES

USD 30

This blissful, soothing massage helps relieve headaches, release neck tension and relax tired weary minds.

### KID'Z

30 MINUTES

USD 30

We pamper your children - selecting techniques that help to calm and ease them. Suitable for 4 to 12 year olds. Offering a perfect 30 minutes of peace and quiet for parents!



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**BEAUTY**

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## **FACIALS**

We have worked closely with Ophir to design a facial range, to suit all skin types, exclusive to the Z Spa. High concentrations of powerful antioxidants known as polyphenols and flavonoids found in quality tea, offer potent anti-aging benefits, while nurturing and shielding the skin from the harsh environmental exposure of everyday life.

### **THE Z SPA FACIAL**

**60 MINUTES**

**USD 50**

A cleansing steam and deep exfoliation begins this Z Spa Facial, which is suitable for all skin types. Green Tea, White Tea, Black and Red Tea are all apart of the ingredients making up this enriching facial. Rich in rejuvenating antioxidants, coupled with the healing properties of sandalwood, lavender, sweet basil and rosemary make for an effective facial.



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## BODY TREATMENTS

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### OUR PRODUCTS

We have chosen to work with OPHIR. A 100% natural product line hand made in Sri Lanka. The benefits of tea lie at the heart of each of Ophir's products: rejuvenating pink tea, regenerating white tea, stimulating black tea, soothing red tea, and antioxidant-rich green tea. All the products are enhanced with beneficial essential oils and the powerful healing of the finest natural spices and herbs of Sri Lanka.

### SCRUBS

#### PINK TEA COCONUT & VANILLA

45 MINUTES

USD 40

A fragrant tropical-scented body scrub offering the deep moisturizing properties of coconut, the relaxing and uplifting properties of vanilla and the combined antioxidant benefits of pink tea and vanilla. Ideal for a soothing, relaxing cleanse prior to a wrap or massage.

#### GREEN TEA, LEMONGRASS & ROSEMARY

45 MINUTES

USD 40

A fragrant tropical-scented body scrub offering the deep moisturizing properties of coconut, the relaxing and uplifting properties of vanilla and the combined antioxidant benefits of pink tea and vanilla. Ideal for a soothing, relaxing cleanse prior to a wrap or massage.



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## BODY TREATMENTS

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### WRAPS

#### GREEN TEA, ALOE VERA & SWEET BASIL

45 MINUTES

USD 40

A cooling and soothing body wrap. Ideal for restoring balance and providing relief to sun-exposed skin. Enriched with nourishing antioxidant green tea extracts and the refreshing properties of sweet basil, it tones and balances, adding luster to the skin.

#### BLACK TEA & CARDAMOM

45 MINUTES

USD 40

A powerful and luxurious all-round body wrap which detoxifies, purifies and heals skin, while boosting circulation for a relaxing experience.

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### ADD ONS

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30 MINUTES EXTRA

USD 20 EACH

You can choose any one of the items below and ADD them ON to any treatment, thus creating your perfect experience.

LEG / NECK & SHOULDERS / BACK  
FEET / HANDS



To make an appointment at the Z Spa, please contact  
+94 773 510 570 or [enquiries@teardrop-hotels.com](mailto:enquiries@teardrop-hotels.com)

If you wish to purchase any of our products please ask your therapist.

If you wish to cancel your treatment, please give us two hours' notice as we would like to offer your time to another guest. If sufficient notice is not provided, we will need to charge 50% of the treatment price.

The Z Spa opens at 9am and takes its last guest at 8pm. However, if these times don't suit your needs please talk to us and we can see how we can help.

We look forward to welcoming you at the Z Spa.



WALLAWWA  
C O L O M B O